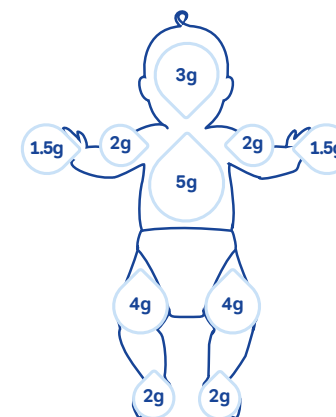
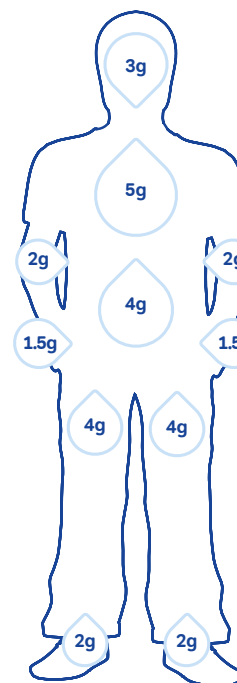
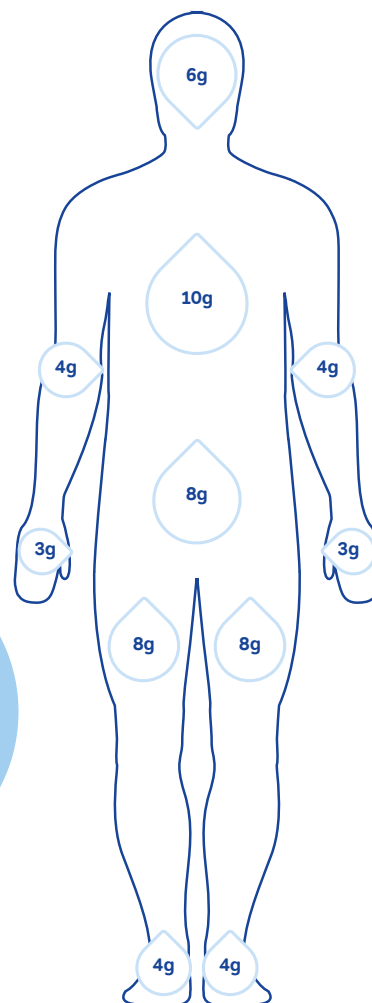


NICE RECOMMENDS
250g-500g OF EMOLLIENT
IS APPLIED EVERY WEEK¹

HOW TO APPLY YOUR EMOLLIENTS

- Apply your emollients **generously** and reapply often¹
- For very dry skin apply your emollient **every 2-3 hours**¹
- You should continue to use an emollient, even when your **skin is clear**¹
- **Do not rub** emollients in. You should **smooth** them into the skin in the same direction the hair grows¹
- Consider keeping **separate packs** of emollients at work or school¹
- It's especially **important** to use emollients during or after washing¹
- **Avoid** the use of soaps, detergents, and bubble bath when washing, as they can be very damaging to the skin¹

Topical Steroids:
After applying
your emollient,
wait 15-30 minutes
before applying
your topical
steroid¹



one
press
= 4g



Soap Substitutes:

Ointments dissolved in hot water can be used for washing instead of soap!¹

Do not smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

Medical advice should be sought before use of emollients if the skin is broken, badly cracked, infected or bleeding.

Reporting of side effects. If you experience any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of emollients.

Reference: 1. NICE CKS, Emollients. Revised October 2023. Available at: <https://cks.nice.org.uk/topics/eczema-atopic/prescribing-information/emollients/#usage-instructions>. Accessed April 2024.

Thornton & Ross Ltd., Linthwaite, Huddersfield HD7 5QH, UK. Telephone +44 (0)1484 842217
UK-STADA-319(1) | April 2024