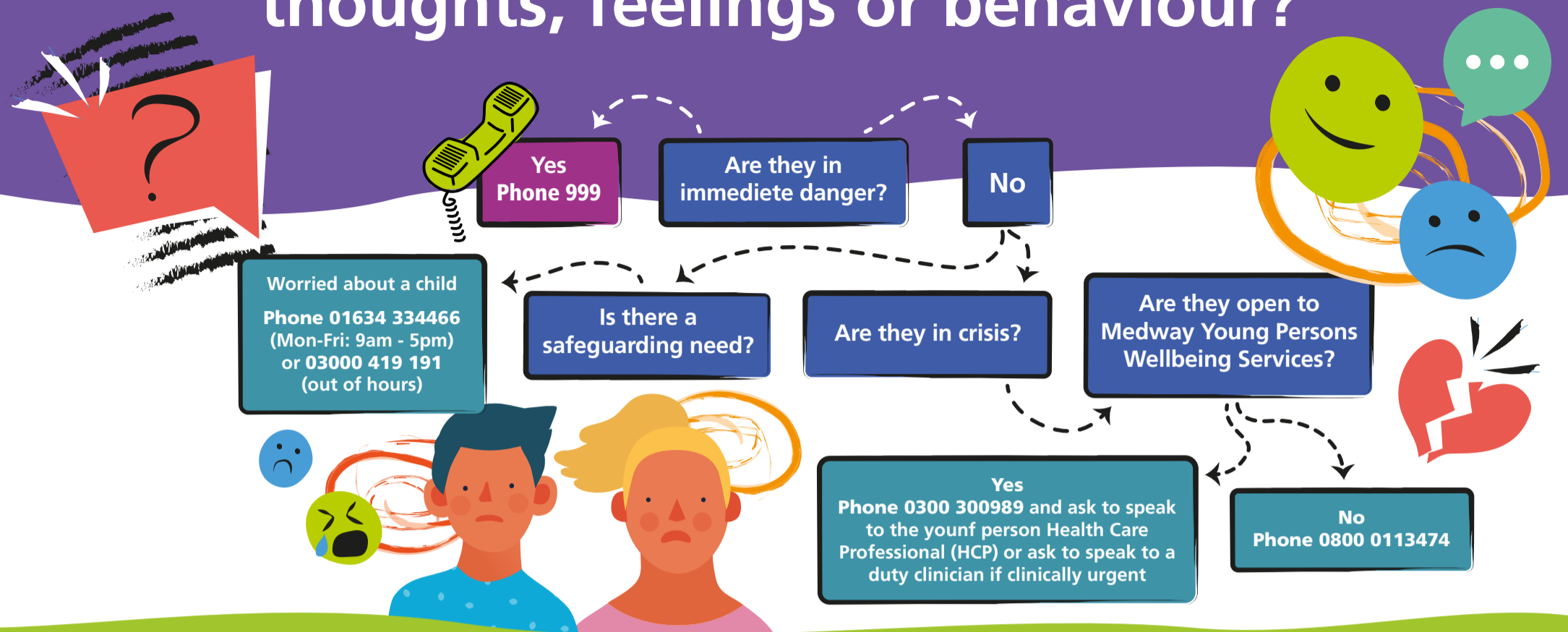
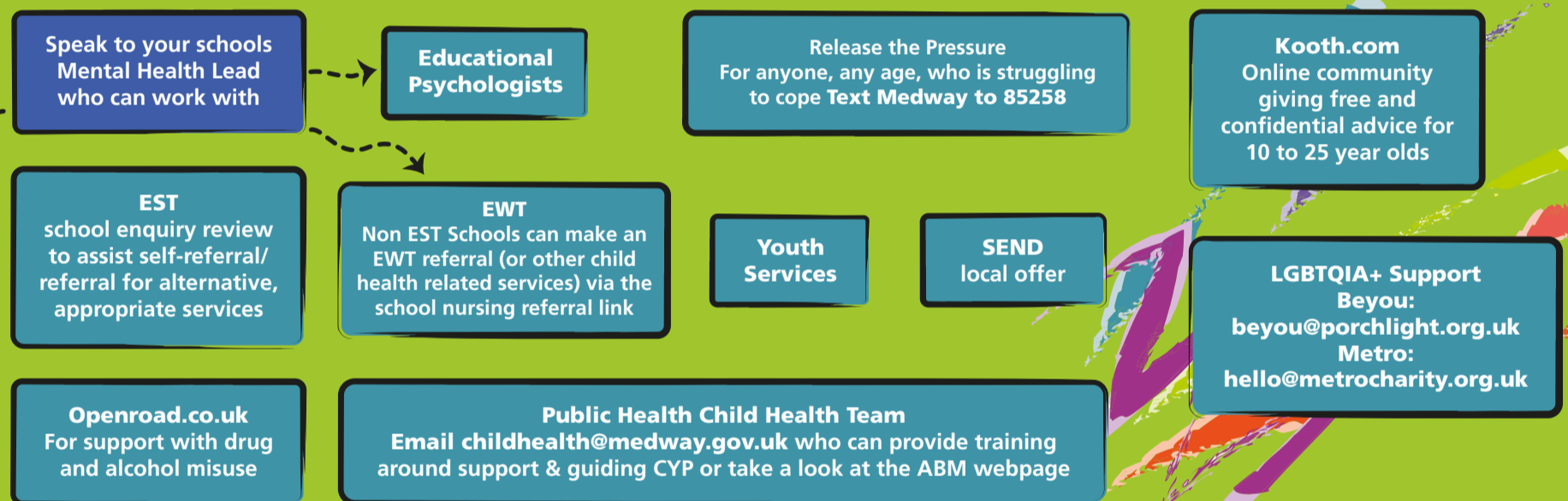


Concerned about a child or young person's thoughts, feelings or behaviour?



Will they cope with signposting, information and support from schools? Is it the first time they have experienced it (not long, enduring or repeated that impacts functioning)

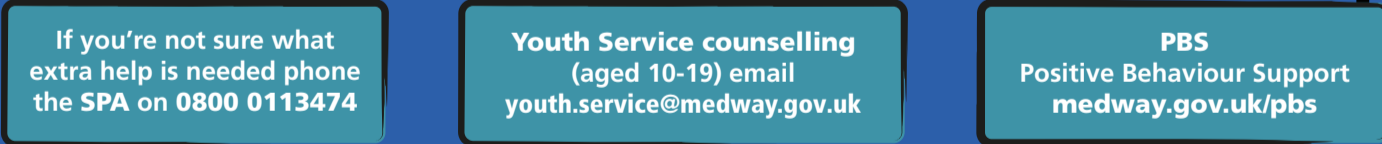


[nhs.uk/every-mind-matters](https://www.nhs.uk/every-mind-matters)

kentandmedwayccg.nhs.uk/mental-wellbeing-information-hub

togetherall.com

Is it starting to cause difficulties with their school work, family or friends? If so they may need support (focused goals-based input)



Is it preventing them from functioning? If so they may need further support (extensive and specialised goals based help)

