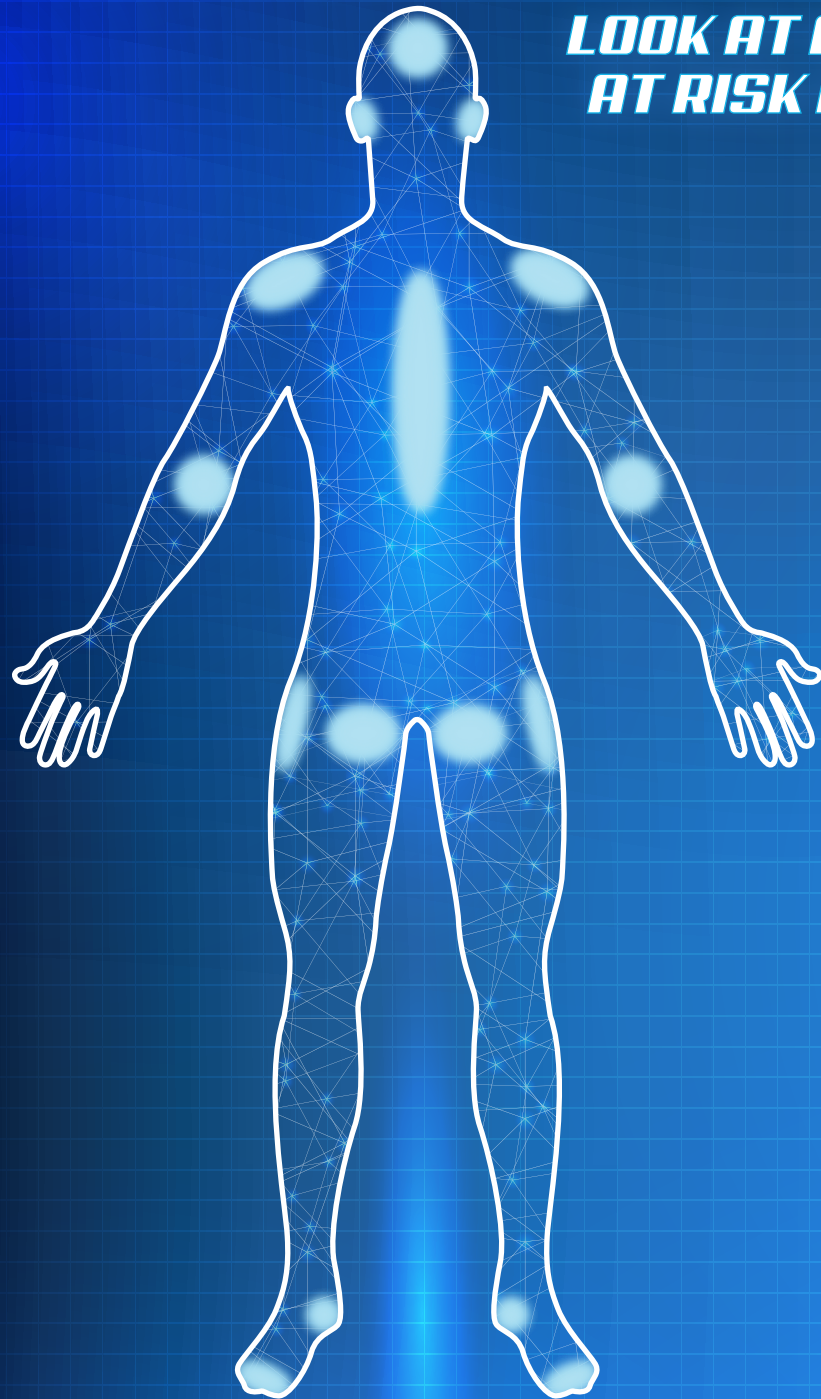


TAKE YOUR 'BEST SHOT'

***LOOK AT ALL THE AREAS WHICH ARE
AT RISK FROM PRESSURE DAMAGE***



B | ***BUTTOCKS***

E | ***ELBOWS/EARS***

S | ***SACRUM***

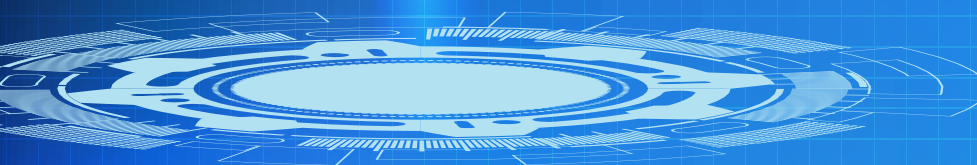
T | ***TROCHANTERS
(HIPS)***

S | ***SPINE/SHOULDERS***

H | ***HEELS***

O | ***OCCIPITAL AREA
(BACK OF HEAD)***

T | ***TOES***



***PREVENTION IS BETTER
THAN CURE***