

Medway Community Child Health Services

Summer special activity edition

We hope you enjoy the summer. Some of you may be going on holiday abroad or staying more local. Having the opportunity to go out and enjoy local activities is not only rewarding for children but its quality time spent with your family. We hope you have a wonderful time and find lots to do in Medway.

Activities in the community

Make your own Playdough

8 tbsp plain flour
2 tbsp table salt
60ml warm water
food colouring
1 tbsp vegetable oil



Make your own BUBBLES

50ml washing-up liquid (one part)
300ml water (six parts)

Snapdragons Centre shop selling items for a small donation for all ages
We sometimes have stock of uniforms



More activities / clubs / groups

www.medwaycommunityhealthcare.nhs.uk/holding-hands

Go to the website below to check out what fun activities your local library has on this summer holiday
- Visitmedway.org

Please send us pictures of all the fun activities you get up to this summer!

Medway Youth Services share lots of summer activities for children

Facebook:
[@MedwayYouth Services](https://www.facebook.com/MedwayYouthServices)