





CASCADE Virtual Final Conference: 2nd February 2023

CASCADE FACILITIES

Philip Brighton / Tracy Webb

Consultant Community Geriatrician / Assistant Director Planned Services
East Kent Hospital University / Medway Community Healthcare

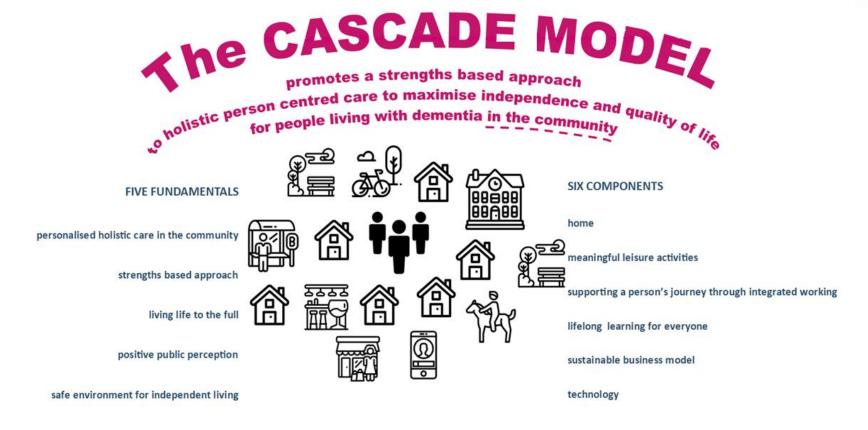




- Use an open-plan layout that is easy to understand, orientated around a garden.
- Minimise the amount of long, artificially lit internal corridors.
- Make sure there is natural daylight and views from the building.
- Ensure there is easy access to secure gardens.
- Use 'landmarks', such as plants or artwork, to help people navigate their way around.
- Clearly mark all glass doors; glass may not be seen by people with dementia.
- Use clear and attractive signage in a bold face with good contrast between the text and the background.
- Ensure that toilets are designed so that someone with dementia is able get assistance without causing embarrassment.
- Use contrasting colours white or magnolia do not help with way-finding. Toilet seats that are of a contrasting colour to the walls and rest of the toilet are easier to see if someone has visual problems.
- Do not use sparkly materials, stripes, dark patches or mats on floors and avoid any variation in flooring.
- Mark the edge of each step on any stairs.
- Create a homely, familiar environment; this increases the sense of security and comfort. Try to create a safe environment without it being institutional.
- Don't use swirly patterns on floors or walls; for dementia sufferers they can appear to be moving.

CASCADE Model of Care





CASCADE process

- Collaborative working
 - International partners and experts
 - Local expertise
- Working with Health & Care systems...
 - Estates
 - Procurement
 - Commissioning
 - CQC



CASCADE Model of Care

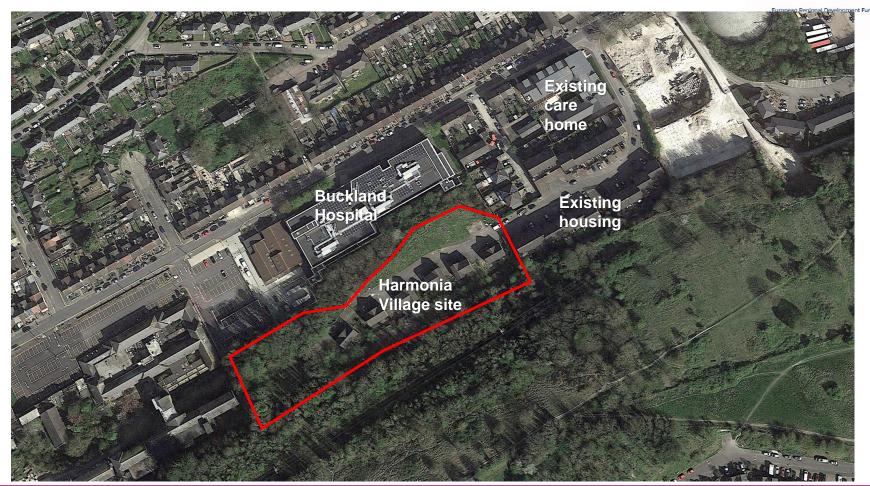
• Home is best...





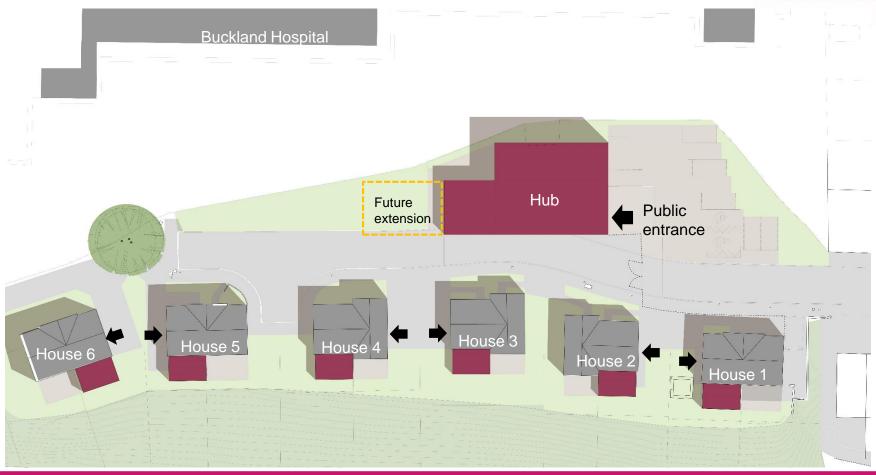






Harmonia





Harmonia – keeping it homely









Harmonia - Before











Harmonia – During









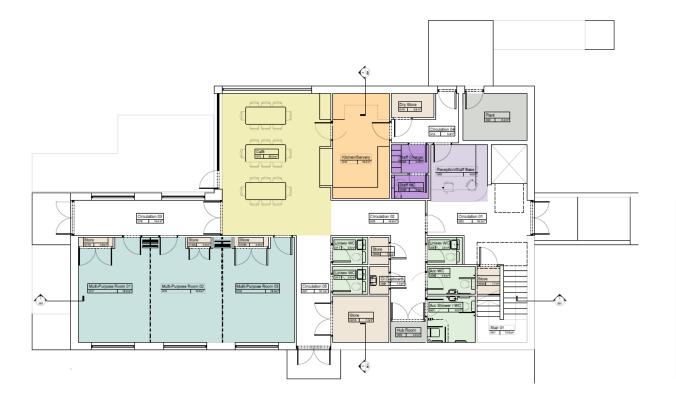


CASCADE

ean Regional Development Fund



Harmonia – the hub









Harmonia – the hub





Harmony House





Harmony House - Before





Harmony House - During





Harmony House - After























Interior design











Interior design















BBH – Best Dementia Care Development











Lessons Learned

- Conversion of existing housing stock is cost-effective...
- .. although constrained by original architecture
- Local collaboration created similar design to "experts"
- Using local businesses added value
- Where possible look for synergies with existing processes
- Consider areas for conversation and activities indoors
- Engagement with local community/neighbours